

Minister's Letter

A long time ago there was a Fairyland Kingdom that was oppressed by a dark tyrant called "The Shadow." All the fairies, elves, and animals in the kingdom fled in terror of the Shadow. They had given the Shadow so much power that he was about to turn the entire kingdom into one huge shadow, and the light would never again be seen. No one had the courage to confront this adversary.

One-by-one, they had believed he was real. This went on for a very long time, until, finally, only one day of light was left before darkness would rule completely. But there was this one little girl who refused to believe in this outside power, who would not accept herself as powerless. And, on that last day of light, she armed herself with a single candle and decided to challenge the Shadow by heading straight for the dreaded one's cave. And, unafraid, she entered the Shadow's chamber and lit the candle. Well, that was the end of the Shadow; for the moment the light shined, it revealed that the Shadow had no substance.

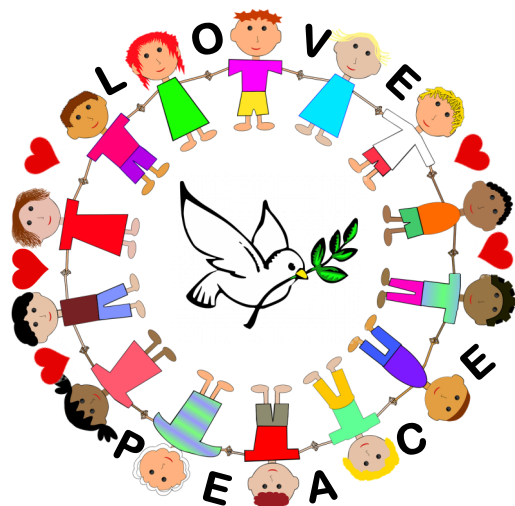
There are shadows in our lives today—personally and in the world-at-large, and the first thing we need to know is they have no substance and the only reality they have is the reality we give them through our limited thinking. Our thought is a powerful energy source that can either be a blessing or a curse in our lives.

When we are participating in negative thoughts, words and actions, we are bringing on the dark and if we share this dark energy with those around us, we create a chain reaction that goes out and touches those we may never even know, becoming part of the race consciousness. But, because thought is energy, we can always choose to use this energy in constructive, loving ways, thereby, creating a chain reaction that is a blessing in our world.

Mahatma Gandhi was an example of how a spiritual chain reaction can work for good, reaching out to all around him to set in motion a chain reaction that eventually resulted in making positive change for the people of India. We are powerful beyond anything we have ever imagined. Let's start a chain reaction within ourselves of Love and Peace that lights up the dark corners of our own consciousness and then share that with each other to transform the entire race consciousness of humankind. We have the Power to bring this about.

Blessings of All Good,

Rev Lynn



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Center for Spiritual Living

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EDITOR

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Sequim Center for Spiritual Living
Sunday Services
10:00 a.m. Currently on Zoom
For information contact:
Rev. Lynn Osborne
iamlynosborne@gmail.com
or visit us at
www.cssequim.org



*I set my bow in the clouds
and it shall be a sign
of a covenant between me
and the earth. – Genesis 9:13*

EDITOR'S ESPRIT

Dear Friends,

Every morning Blue and I take a walk on a paved area of the Discovery Way Trail. On one part we pass, there is a short street that runs parallel to the trail and ends at a small col de sac. There is a grassy section between the road and the trail. Cars often park in the col de sac, cross over the grass—where there is a beaten path—and walk or ride bikes on the trail. The col de sac is not meant to be an overnight parking area like at a campground.

One morning when we walked, I saw a car with a carrier on top parked in the col de sac. Being it was 6 a.m. I suspected it was someone who had been there overnight. There was no activity around the vehicle at the time. We continued our walk.

On the way back, as we were just in sight of the col de sac, I saw a man throw something on the ground and I heard glass break. As we got closer, I stopped and watched. A woman got out of the front passenger's side of the car and threw what looked like an empty carton from orange juice over the top of the car. It landed in the grass beyond the car on the driver's side.

The guy saw me standing there and said hello; I said hello also. He went over to the discarded carton, picked it up and put it on the roof of the car. I stood there for a while; he leaned into the driver's side of the car. There was no more activity so Blue and I continued on our way back to our house.

After I got home, I started wondering if there was anything else I might have said. I could have asked him how he would feel if someone he didn't know parked a vehicle on his property and threw garbage on the ground. The question would have surely made him stop and think.

But it seems my very presence there, standing still and observing, accomplished the same thing. I don't know whether or not either of them threw the carton back in the grass after I left. The guy obviously recognized—at least for the short time I was standing there—that their actions might have been inappropriate and unkind.

The col de sac reminds me of the One Source—It is at the end of the road—or is It is the beginning? Actually, It is both. It is Infinite. The actions of the man and woman remind me of our unconscious thoughts—both our own and those of others that we allowed to park in our mind. Some of them are inappropriate and unkind. These can produce shattering results.

When we become the objective observer we stop, see things differently, and can change our thinking. We can choose to let go of the old beliefs that aren't working. This allows us to be our True Self and fully experience all the Good that surrounds us. Being the observer, we discover the way to Truth is a trail that leads directly to Our Source.

Light and Love,
Kathy Purcell, *Editor*

“Live your life each day as you would climb a mountain. An occasional glance towards the summit keeps the goal in mind, but many beautiful scenes are to be observed from each new vantage point.”
~Harold B. Melchart

TREATMENT— I AM THE FLOW OF LIFE

by Rev. Deb Nygaard

The energy of the Universe is in constant motion flowing with Love in and through all of Creation. It is this energy that is the web of Life maintaining all with Love, Light, Life, Beauty, Joy, Peace and Power.

I allow myself to feel the energy that is unceasing and unconditional Love. I join with It. As I flow in this river of Divinity I am safe and totally engaged with The One Mind. I know in letting go of any idea of control, I am fully trusting the One Mind's guidance. I am doing, saying and thinking rightly. My path is easy and filled with the all good that is mine. I share this good with whoever comes into my atmosphere and it ripples out into the Universe and back to me in a never-ending circle of Love and Light.

I am calm and mindful, guarding my thoughts and maintaining the life affirming Light of my soul that fills my entire being. I see the Beauty in all people and things knowing that the river of Life flows in and around them too.

The Power of the I AM is me and I am at Peace and filled with gratitude and Joy knowing all is as it needs to be in the flow of Divine Love.

I let go and let God.
And so it is.



MEMBERSHIP LETTERS COMING OUT SOON

My apologies for being late with Membership Letters this year. Even though we have not been meeting in person, it is a joy to be together for Sunday Services on Zoom. And there have been recent inquiries as to Membership status. So, to catch up, Membership letters and status reports will soon be going out to our address list. Our yearly Membership renewal will remain the same: \$35 per year.

Much Gratitude goes out to Mary Ellen Bartholomew, Al Harris, Rev. Victoria Kelley, Rev. Deb Nygaard, Rev. Michael Laakso, Kathy Purcell, Terry Barrett, Glenda Totten-Hatch, Diann Roll, Ruth Messing and all who have participated in various ways to keep our Sunday Services at such a high experience of what a Sunday Service needs to be. We may have been experiencing some limitations, but not in the growth in our expanding Spiritual Consciousness.

With Love and Deep Appreciation,
Rev. Lynn Osborne

APPRECIATION

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JoAnn Fisher

MEDITATION:

Terry Barrett
 Diann Roll

*"People don't notice whether
 it's winter or summer
 when they're happy."
 ~Anton Chekhov*

Thank You!

SPECIAL THANKS

Many thanks to **Rev. Michael Laakso, Terry Barrett,
 and Dr. David Ault**
 for doing the Morning Messages
 and sharing their unique expressions of Spirit.



INCOME & EXPENSE REPORT

	<u>MAY 21</u>	<u>JUN 21</u>	<u>JUL 21</u>
Income	\$2,820	\$1,890	\$2,455
Expenses	\$2,993	\$2,563	\$2,852
Income minus Expenses	(\$173)	(\$673)	(\$397)
Attendance	118	101	88

CELEBRATE LIFE!

AUGUST

6 Jill Fairchild
 16 Tony Matsumoto
 24 Jean Kipper



SEPTEMBER

4 Victoria Kelley
 5 Debbie Seiler
 7 Robert Drews
 7 Sandy Roy
 8 Lynn Osborne
 12 Dottie Robertson
 15 Kay Snowhook
 16 Glenn Hathaway
 18 Larry Ficken
 19 Glenda Totten-Hatch
 21 Grace Slater
 24 Tracy Wilson
 28 Lois Rice

OCTOBER

3 Beverly Morris
 12 Joan Hathaway-Sheldon
 23 David Kilpatrick
 23 Tom Maes
 27 Mary Huston
 30 Diann Roll

MISSION STATEMENT

*To Serve and Support each other
in Living from Spirit.*



VISION STATEMENT

*We are a growing spiritual community
expressing Love and Oneness with all.*

SOM CLASS—JOURNEY OF THE SOUL

Tuesdays, 4:00 pm–6:00 pm

Via Zoom

Co-Facilitated by: Rev. Deb Nygaard and

Rev. Lynn Osborne

Suggested Love Offering \$10

COURSE IN MIRACLES

Future meetings to be announced soon.

Sequim Center for Spiritual Living
is “Open at the Top.”
We welcome members of the
community to join us.
For membership information,
please contact Rev. Lynn at 681-7451

WORKSHOP—PART TWO

Our Clearing Your Subconscious for Stronger Treatments workshop was well received and we learned about subliminal recordings and the help they bring for clearing our subconscious of negative core beliefs, called Cognitive Distortions, that hold us back from manifesting our desires. The second session was dedicated to who we are praying to, the difference between prayer and Treatments and why some prayers and Treatments are not answered.

Our next workshop will be:
**SEQUIM CENTER PRESENTING
BODY MEMORIES WORKSHOP**



This workshop is a continuance of our previous workshop,
Clearing Your Subconscious for Stronger Treatments. We will briefly
summarize and share from our last workshop for those who missed attending.

Date: September 25, 2021

Time: 11:00am-2:00pm

Place: Zoom

This is a free workshop for members and their friends. To register please contact
Rev. Victoria Kelley by email or phone.

Cell- 425-785-1788 / Email: victorialkelley@aol.com

Let's all share and grow together!

WHAT'S IN A WORD?

Sometimes we read or hear a word or phrase, and something quite different than the typical meaning comes to mind. This column is a place to share what's in a word for you. Below are three examples. If you have any meaningful words you would like to share, we welcome you to submit them to Kathy Purcell.

ALBEIT / ALL BE IT—When we say things are going well, **ALBEIT** not as good as hoped, we block the All Good from showing up. The Good can **ALL BE IT** for us once we claim It and only It.

TOTE ALL / TOTAL—If we feel we have to **TOTE ALL** our worn-out beliefs with us, there is another way. We merely need to release them, and we experience the **TOTAL** Good.

AWAY/ A WAY—If what we desire seems far **AWAY**, we can know the One Source is always supporting us. We can turn within and see **A WAY** to have our Good.

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“Your life becomes the thing you have decided it shall be.” ~Raymond Charles Barker

STUDYING THE POWER OF DECISION by Raymond Charles Barker

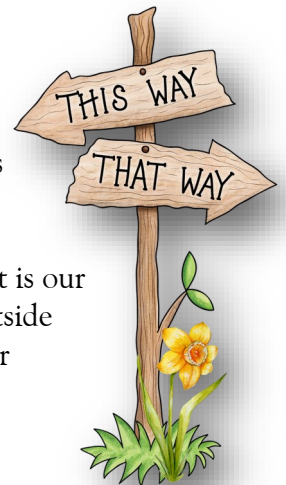
This class was co-facilitated by the Reverends Lynn Osborne and Deb Nygaard and was well-attended by several of our church members and guests. There were lively discussions and lots of interesting information on how decisions are formed. It is important to understand what the elements of decision-making are and how to implement effective changes. It is essential to how we shape our world and is dependent on our awareness of who we are as spiritual beings having a human experience.

It is through our decisions that we expand our awareness, how we handle how we want our lives to unfold and what we want to manifest in our experiences. It is vital that a person looks within for the truth of who they are and what they truly want. The power of thought and absolute trust in the process is paramount.

Each of us must trust in the truth that there exists a reality beyond what our five senses report. As the author notes so elegantly: “Because a thing is a fact does not mean it is a reality. The search for ideas from within your own consciousness brings satisfaction. It keeps you evolving in consciousness and unfolds the new, the fresh, and the different. It is personal progress.”

The important piece is to come to a spiritual basis, trusting in the Infinite Intelligence that is our essential nature. It is also important to remember our inside world is the creator of our outside world. A final note: What a person thinks in their hearts is what becomes manifest in their world. So, change your thinking, change your life.

~Glenda Totten-Hatch



HAPPY BOOKER RECOMMENDATION

August 14, 2021



Yesterday, the hottest Sequim day in August, I caught sight of a large yellow bird landing in a tree about 50 feet away. My binoculars and I dashed outside for more detail. At first, I was disappointed. It was a large yellow maple leaf. Then I remembered, this is a beautiful sign. Autumn is coming soon, my favorite season—with exhilarating fresh air, beautiful colors, and memories of new classes, new and old friends, and new books. So, thank you, maple leaf, for a beautiful reminder.

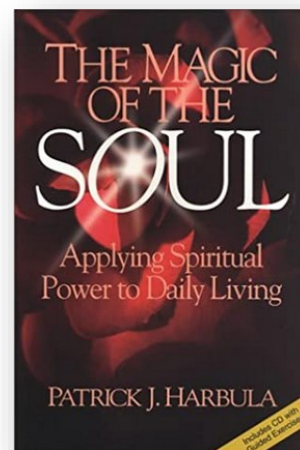
A new class with a new book, with old friends and new ones, just started. Rev. Deb is leading the new class on Tuesday afternoons, 4 to 6, on Zoom. The book is new to me but after an exciting scanning, it looks like a winner. Even if you are unable to take the class, I highly recommend reading it for soul food.

THE MAGIC OF THE SOUL, Applying Spiritual Power to Daily Living
By Patrick J. Harbula

Quote from “Magic of the Soul, “Love yourself through your difficult lessons. Forgive yourself when you don’t choose the easiest path. Look for the magical growth available in every experience.”

Enjoy the rest of the summer.

Love and Light
The Happy Booker
JoAnn Fisher



“And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer.” ~*F. Scott Fitzgerald*

CLEARING THE SUBCONSCIOUS—WORKSHOP REVIEW

July 2021 ended with a special workshop, “*Clearing the Subconscious*” presented by Reverend Victoria.

From the start of the workshop, there was a feeling of sacredness and safety, like we were all there by grand design, to learn, share and grow. Within this safe environment, we were given tools and information to uncover deep-seated core beliefs. Subliminal CD’s were explained and demonstrated as a way to gently replace negative patterns of thought. I’ve never used those before, but now I understand the potential.

We answered questions (on paper, not showing anyone) of how we might respond in different situations. The survey was called a Cognitive Distortion Questionnaire. If an answer felt kind of “off” it gave us a clue as to where to start to look for any negative or blocking belief patterns. Some core beliefs I uncovered stemmed from generational attitudes embedded in my subconscious.

I was already aware of most of them, because these thought forms occasionally block me from living life with abundant joy. Since happiness is our birthright, it was great to shine some light on these annoying little buggers! We were given transformational tools to help release many kinds of negative patterns of thought.

After a brief virtual lunch break, Rev. Michael Laakso gave a Treatment to open up the space to explore the next topic: “*Prayers - who are we praying to and why are only some prayers answered*”.

My takeaway was that everything is in Divine Order according to our highest good, and for prayer Treatments to work it’s good to be open and ready to receive. Clearing out subconscious messages that do not serve us is an important step to receiving the answers we seek.

Here are a few words from my friend, Rebecca Hanson who joined us for the first time:

“I had an unexpected gift from my friend Sally Harris last weekend. I was invited to join her for the online class, “Clearing the Subconscious.” What a great day! I learned so much about subliminal messages, the conscious mind and the unconscious triggers that affect our emotions and actions.

I, like so many others, struggle with guilt over traumas that I have experienced, unable to move past certain events. The feelings of guilt have an impact on your daily life, and even affect your future.

Reverend Victoria Kelley is compassionate, forthright; she delivers the points and issues in a way that you can understand it.

I will be attending her next workshop in September.”

Thank You, Victoria.”

Reverend Victoria ended the day with a personal story of how “Body Memory” replayed itself in her life. The amazing story was a like a teaser; a preview of her next intriguing workshop in September. Good things are worth waiting for . . .

With Gratitude and Love,
Sally Harris



Emerson once said:

“To laugh often and much; to win the respect of intelligent people and affection of children; to learn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to leave the world a little bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded.”

THE VILLAGE FISHERMAN

A businessman was at the pier of a small coastal fishing village when a small boat with just one fisherman docked. Inside the small boat were several large yellow fin tuna. The businessman complimented the fisherman on the quality of his fish and asked how long it took to catch them. The fisherman replied, “only a little while.” The businessman then asked why he didn’t stay out longer and catch more fish? The fisherman said he had enough to support his family’s immediate needs. The businessman then asked, “but what do you do with the rest of your time?” The fisherman said, “I sleep late, fish a little, play with my children, take a siesta with my wife and stroll into the village each evening where I sip wine and play my guitar with my friends. I have a full and busy life.” The businessman scoffed, “I am a Harvard MBA and could help you. You should spend more time fishing and with the proceeds buy a bigger boat. With the proceeds from the bigger boat you could buy several boats, eventually you would have a fleet of fishing boats. Instead of selling your catch to a middleman, you would sell directly to the processor and eventually open your own cannery. You would control the product, processing and distribution. You would need to leave this small coastal fishing village and move to the big city and then eventually New York City where you would run your expanding enterprise.”



The fisherman asked, “how long would all of this take?” To which the businessman replied, “only 15 to 20 years.” “But what then,” asked the fisherman?” The businessman laughed and said, “that’s the best part! When the time is right you would announce an IPO and sell your company stock to the public and become very rich. You would make millions. Then you could retire to a small coastal fishing village where you can sleep late, fish a little, play with your kids, take a siesta with your wife and stroll to the village in the evenings where you could sip wine and play your guitar with your friends.” The fisherman still smiling, looked up and said, “Isn’t that what I’m doing right now?”

~submitted by Rev. Victoria Kelley

“If you want happiness for an hour, take a nap. If you want happiness for a day, go fishing. If you want happiness for a year, inherit a fortune. If you want happiness for a lifetime, help somebody.” ~Chinese Proverb

THE DEMONSTRATION CORNER

One of the Hallmarks of Science of Mind is the facility it affords us to demonstrate what we need and want in our lives. In addition to giving thanks for blessings received we want to give public testimony, so that others can both celebrate with us the good that has been made manifest to us as well as recognize the power of Treatment that is available to all of us. Learning about the demonstrations taking place around us gives encouragement to all to persevere in our Treatments).

WORK AND A CAR

A recent demonstration occurred while Treatments for finding employment. A client wanted employment within her own city, Port Hadlock, as she felt her car was unreliable. Being a small town there seemed to be a shortage of jobs. This lady is a true believer in the Power of the Divine Intelligence and within a month she found a job in her city and the employer was selling a car and made the arrangements for her to buy the car and have payments taken out of her paycheck. This solved her two concerns.



~submitted by Rev. Victoria Kelley

WATER RESCUE

Thank you all for your prayer treatments with our flood. And a heartfelt thanks to Rob James for coming out to help with shutting everything off and crawling underneath the house at night.

The “water event” happened at 9:00 at night. After being gone for a couple of hours visiting friends, we came home to find we had no water. I went outside to investigate and literally heard a river rushing underneath the house. I phoned Rob James, and he came right over. He’d worked on our well house and knew his way around our place.

That evening, I notified Reverend Lynn to tell her it appeared that I may be busy for the next few days with our flood damage. I hadn’t even thought of asking for a Treatment, but she did! I was operating in my “I need to fix this” mode and forgot about asking spiritual assistance.

She forwarded a request to the Ministry of Prayer. The prayer demonstration was amazing. Our water was restored the next morning and plumbing bill for the broken water pipe was only \$198.00.

Then Service Master arrived and removed 50 square feet of wet insulation. They couldn’t believe “how lucky” we were. Something happened with our flood that they rarely see. The insulation contained all the water without damage at all to the house. They were here for quite a while, yet only charged us \$201.00. The insulation will have to be reinstalled, but the total cost is so low we aren’t even going to file a claim. The whole restoration should be less than a root canal and less painful! I was in dentistry for 35 years . . . thus the frame of reference!



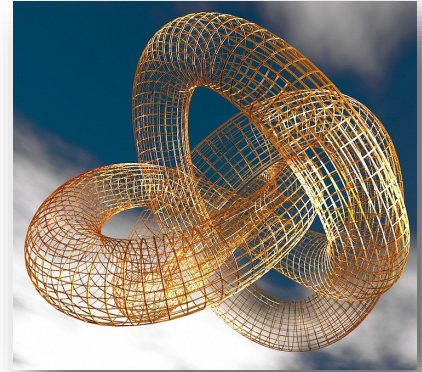
In Gratitude,
Sally and Al Harris

BASIC SOM QUESTIONS By Rev. Michael Laakso

We have an on-going column which is designed to answer some basic Science of Mind questions. We trust this will give you new insights, allowing you to better understand SOM principles.

What is Infinity? Part Thirty-Four

In these articles we have come to see that Infinity is less an idea and more the Origin of every idea: Mind; Whole, Complete and without limit. Being limitless, this Mind pervades everything everywhere always. There are not two or multiple infinities. Infinity is the totality of all that is, was or could ever be. Metaphysically, we say, "God is the All in all. God is all possibility. Infinity is infinitely present at every point everywhere. Nothing is more concentrated."



Ernest Holmes recognizes this as Mind's constant availability.

This All-loving Intelligence cannot be afar off, cannot be unreachable or unavailable. It is the Essentialness back of all that is manifest, but also inherent in all that is yet unmanifest. Both in time and in space all is included in Mind. We are so included; our bodies, the body of our affairs, our relationships, the mind that we all are; more of the One Mind. The Pure and Perfect Goodness is always available to everyone everywhere.

Because Mind's availability is another eternal Truth, any Good we desire or require is available to us. In our original state of living and knowing our unity with this One Mind, we lived this obvious Truth. In that original state, we thought and felt as one with the Infinite. *This state has not changed.* Something within our mind continues in easy and natural unison with our Source. This is the Self God created: Infinity's individualized Self-expression, still one with Its Source. Upon this Truth rests our possibility of healing in every area of life.

The more conscious we can become of this Essential Self, the more we re-identify with It, the more the All Good shows up as our experience. Spiritual mind Treatment, affirmations, subliminal recordings, meditation and every spiritual practice has the reclaiming of this state as its goal. These are the tools we have for returning our mind to consciously living its natural unity with Source.

“Be calm...calm as a calm lagoon, then you will look beautiful as a beautiful calm lagoon crowned by the Moon and sheltered by the brilliance of the stars reclaiming your royalty of regal life...” ~Oksana Rus

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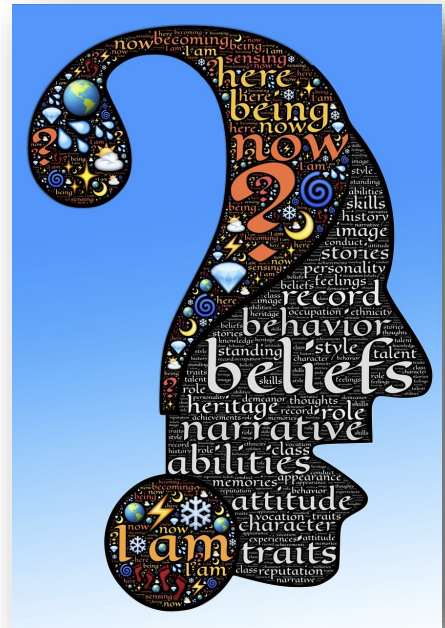
Conscious awakening to our Spiritual Self is the general principle. The outworking of this principle in the individual's experience must be personal. How we open to our natural attunement with Limitlessness will be our personal journey. Fortunately, the Voice of Source Intelligence is present in every mind as Omniscient Guide in that journey. In addition to guidance for what to do next, this Voice also corrects the thinking we've allowed to interrupt our conscious awareness of living in unison with Source. Since thought is the singular cause for our life conditions, thought correction is the final healing of discomfort.

This Voice has been called Holy Spirit, intuition, gut instinct. It is the Compassion of Spirit available to us and with us always. We do have the choice to listen or not. Spirit does not coerce. We can ignore this Voice, but It will never leave us. Somehow, we will learn to trust It. We will learn that It will never steer us falsely. This Voice is *for* our reconnecting with the creation of the Infinite that we are. This is Its commitment, Its job. Spirit does not turn away from Its commitments but honors them to completion.

What, then, is our problem? Spirit knows the way from here to its solution. If the body is unwell, Spirit knows what is needed for a complete healing. Do we need to eat different foods, get a series of massages, acupuncture, pharmaceuticals, surgery, exercise, herbs, a move to another climate? Who created the body can heal the body. Our part will be to listen and trust and accept direction. This will be our part whatever the problem, but, again, how we work that part out will be our personal path.

Ultimately, Limitlessness has no problems; no unmet needs, no lacks or deficits, no impairments, no limitations, by Its very Nature. Thus, Infinite Mind is Answer to every problem, every inquiry. This Mind holds back nothing for Its one Desire is to express the Good that It is. And so we are told, "Knock, and it will be opened to you." We are not dealing with a reluctant or withholding Mind but a Mind Who is openly ready to offer every requested answer and demonstrate every Goodness. Universal Mind loves Its Creation (you and me). It held back nothing of Itself in our inception. It will remain true to Its Nature and continue giving every good and true gift (more of Its Limitless Self).

This availability of Spirit is more than Its Universal and Infinite Presence. It is also Its constant willingness to love and bless. We can count on that open-heartedness and divine generosity. We simply let God be What It is anyway for us. "I let God be God for me in this matter." We don't have to coerce Spirit to be Its Beneficent Self. That impulse we surrender. We *allow* the Divine Nature to operate for us. Our openness to the Divine is soon answered in kind. Like produces like.



"I believe that what we get out of life is what we've set ourselves up to get, so there's no such thing as an inconsequential decision. Our destinies are the culmination of all the choices we've made along the way, which is why it's imperative to listen hard to your inner voice when it speaks up. Don't let anyone else's noise drown it out." ~Megan McCafferty

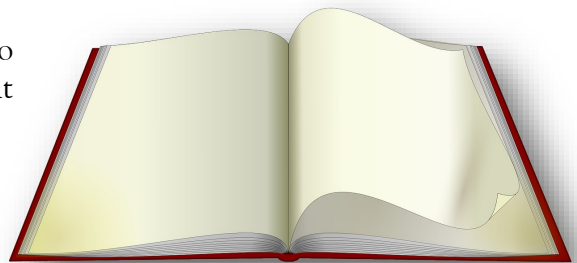
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We also get to surrender our personal ideas of our solution. “God always has a better idea.” If we are not yet living consistently and stably in our natural unison with Spirit, our mind will most likely draw from our limited experience in imagining what our solution must be. Insisting on that solution diverts our mind from listening openly to Truth’s Voice. Ernest Holmes called this “outlining,” that is telling God what to give and how and when to give it. The what, the how and the when, we surrender to the Infinite. “I place the future in the Hands of God.” This keeps our limited idea out of our way so the Divine Idea can be easily received.



This is why we treat in more general terms. When my truck kept failing me, I could have treated for a new vehicle. I realized this was putting limitation into the Law. I just felt uncomfortable thinking of my alternatives and making that claim. Thinking over my problem with God’s Inner Guide, I realized my problem was unreliable transportation. So I began treating with a feeling of gratitude for “reliable transportation.” This felt more open to the Divine Idea that the Infinite already knew and had prepared as my solution. The gestation of this word was roughly six months. A car came to me as a gift from someone who had recently learned she could no longer drive. This solution I could not have imagined coming forth.

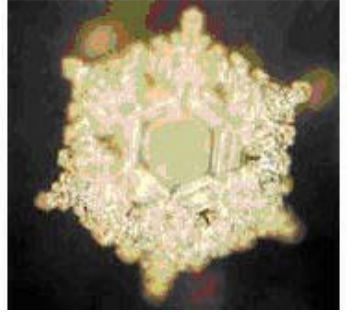
I think of this as giving the Infinite a blank slate on which to write Its Joy and Purpose. Presenting my life as such to Spirit seems the highest and best I can imagine. This stance gives God permission to express Itself for me and as me as It knows is the Highest and Best. Since I was trusted with will without limit, and Spirit respects my use of that will, I need to offer my permission to receive my Good.



This becomes my act of will, to align with the Infinite Good and re-own my capacity to have. This is also my journey towards a secure realignment with Spirit. “Given the mentality I have built, how can I approach spiritual mind Treatment in the way that works for me?” This question, too, has a Divine Answer awaiting our acceptance. God is always available and listening, ready to give Itself, again. And so it is.

“Only someone who is ready for everything, who doesn’t exclude any experience, even the most incomprehensible, will live the relationship with another person as something alive and will himself sound the depths of his own being.”
~Rainer Maria Rilke

Water exposed to
Gratitude & Love



Remember the prayer for water

TO: A Very Valuable, Worthwhile Person

Sequim Center for Spiritual Living
Rev. Lynn Osborne
PO Box 2708
Sequim, WA 98382



Please join us at
Sequim Center for Spiritual Living
Sunday Service
10:00 a.m.

