

Minister's Letter

If we are paying a lot of attention to the world of effect, we might be experiencing feelings of disappointment, anger, anxiety and other feelings that are keeping us out of our Peace. We might be noticing expressions of separation and a myriad of other issues that keep us from experiencing our Oneness – all coming from our own thought processes. In an attempt to address this in positive ways, I turned to the book by Ernest Holmes, *365 Science of Mind*, which gives wonderful relief on a daily basis:

Since thought is a definite, dynamic, creative, consciously directed and intelligent energy, I know that a thought of Truth will definitely neutralize a negative argument. I am on guard to protect my own word by knowing that it is the activity of Spirit through me and as such cannot be denied. In effective Prayer, I realize that a Power greater than myself consciously acts with Creative Intelligence upon my word. In this way, I free myself from a sense of personal responsibility, while, at the same time, remaining aware that even Spiritual Laws must be definitely used if they are to provide tangible results in my experience.

I seek to believe with absolute conviction that my word will not return unto me void, and I do this when I realize that Spiritual Laws execute themselves, just as do other laws of nature. I know that my word penetrates every unbelief in my mind, casts out all fear, removes all doubt, cleans away every obstacle, and permits that which is enduring, perfect, and true to be perceived by my mind.

I provide faith, acceptance, and a joyous expectancy that all the statements I make in my Affirmative Prayers and Treatments are not only true, but that they will be carried out as I have spoken. As my word is done with this sense of reliance upon the Law of Good, I know that "my word will not return unto me void, but shall accomplish that whereunto it is sent." *365 SOM*, Pg. 164

*With Love and Blessings of All Good,
Rev Lynn*

**"Faith is a knowledge within the heart,
beyond the reach of proof." ~Khalil Gibran**

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Center for Spiritual Living

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Kathy Purcell, R.Sc.P.

Sequim Center for
Spiritual Living Sunday Hybrid Services
10:00 a.m.

In person at Pioneer Memorial Park
387 W. Washington, Sequim

For information contact:
Rev. Lynn Osborne
community@cssequim.org
or visit us at
www.cssequim.org



*I set my bow in the clouds
and it shall be a sign
of a covenant between me
and the earth. – Genesis 9:13*

EDITOR'S ESPRIT

Dear Friends,

We are in the month of May, two-thirds of the way through spring. This is a time of year when people start thinking about spring cleaning.

Usually that thinking is related to house cleaning. We open the windows and doors and let the fresh air fill the rooms. The staleness of the winter leaves with the breeze. We may move the furniture, rearranging the flow of traffic and changing the look in a room. We may go through closets, putting away winter clothes and bringing out our spring fashions.

Some of what we bring out, we may decide no longer fits or is out of style – so we decide to give it away. Other things may be worn out. How did we not see this until now? Why did we pack that away last fall? We may relegate these to the rag pile, or bag them for disposal. When we clean the closet, we make room for something new and better.

We look out the window and see the daffodils peeking up at us; they are so hardy. But then we see something else that is hardy, and yellow, and that starts with the letter 'd' – dandelions. We go out and weed these out, bagging them for discarding. We also notice seeds that we planted awhile ago are beginning to grow, and we know the garden is on its way.

Spring is a time of renewal – in our homes, our gardens, and internally as well. I was reminded of this recently when I walked with my dog, Blue. Along the way, on our regular route, we cross a bridge. One morning, from a distance I could see something on the bridge railing. As we got closer, I saw that it was a white plastic bag tied to the metal. The outside of the bag had the words Thank You.

Whenever my attention is drawn to something, I know it is for a reason – a message is there for me. Seeing the white grocery bag, what came to mind was – spring cleaning – specifically, the internal kind.

Our True Self lives in Love, for our Source is Love. This is a place of peace, harmony and wholeness. Our life here is a reflection of our thoughts. If what is in our life is not in harmony, then we can do some spring cleaning. We can change our thinking, which will then rearrange the look of our experience. Sometimes our thoughts become like the old clothes in our closet. But to realize this we need to bring them out and take a good look. When we bring them into the light, a door is opened. We can choose to put worn out and hand-me-down thoughts of race consciousness into the rag pile, or bag them up and throw them away. We can weed out what stifles growth. We can fashion our own life.

Releasing our old thoughts allows room for new and better ways of expression of our True Self. Instead of regretting our false beliefs, we can celebrate the awareness of them. We can be thankful for the lessons they have provided. This is the message I received with the bag on the bridge. I am ever grateful for the gift of this knowing.

“You leave old habits behind by starting out with the thought, ‘I release the need for this in my life.’”
~Wayne Dyer

Light and Love,
Kathy Purcell, *Editor*

A TREATMENT TREATMENT

By: Rev. Michael Laakso

Purpose: To know that my word always demonstrates and that my thought is always guided by the Highest and Best.

Centering in the Universal Mind and my awareness of this Power at my Center I know I am one with all the Good there is. My mind is an inworking of the One Mind, a deeper expression of the All That Is. I accept the Love of God as my love, the Intelligence of God as my intelligence, the Will of God as my will. As God gave to me all That It Is in the instant of my creation, so must my being be indistinguishable from the Divine Presence. I know this Good is all there is to operate and is operating by means of me now.

I know deeply and with total conviction that my word demonstrates instantly and permanently. I know a Law of Mind always operates on my word bringing into expression some experience on some plane of being always. Like produces like everywhere in the Infinite Life and this natural integrity of Universal Mind operates always for me on my thought and feeling. I am supremely confident that this Law is operating now. I do not put power into my word but a Power rises up through me prompting my word for Good and acts upon that word to bring about the perfect demonstration; a blessing to all of Life everywhere.

My word always expresses as Good and very Good. For my thought is always in unison with the Thought of God. My feelings are in perfect register with the feeling of God. Therefore, my word is perfectly equivalent to the Word of God. My word is God speaking Goodness into expression by means of me. By my permission and my decree my mind knows only the Content and Quality of Divine Mind and releases all else. My mind resonates to the voltage of the One Mind. I totally give way to Spirit and all that Spirit desires to express by means of me. I enjoy a constant connection with the Joy, Love and Intelligence of the Highest and Best.

I am deeply grateful for Divine guidance in my every thought and feeling. I am humbly receptive to Love's operation in and through me. I rejoice that Good expresses through me always. I gratefully know I am all good even as my Source is All Good. I am completely confident that God's Will and my will are one and the same; there being only One Mind, there can be only one will. And I thankfully know God's Will goes not undone. The All That Is goes forth into my world by means of me and my word.

In warmth and joy, in love and gratitude I release this word to the Law of Mind. Everything within me knows this word must demonstrate. And so it is.



“My purpose is to teach and demonstrate what is possible. To demonstrate love of God and good. Remember what my role is as a woman: to be... good. My role as a mother: to teach, support and nurture my offspring. My role as a grandmother: to remind everybody - right where you are, God is.” ~Iyanla Vanzant

APPRECIATION

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Barb Bolles
Dot Bristow
Lou Foldoe
Sharon Hamson
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Glenda Totten-Hatch

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Glenda Totten-Hatch
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PROGRAMS / WEBSITE / NEWSLETTER:

Kathy Purcell

GRATITUDE FOR SUNDAY TALKS

Our Center thanks
Terry Barrett R.Sc.P, Rev. Michael Laakso,
Rev. Julie Lobato, Rev. Lynn Osborne,
and Kathy Purcell, R.Sc.P.
for doing talks this quarter.



INCOME & EXPENSE REPORT

	<u>JAN 26</u>	<u>FEB 26</u>	<u>MAR 26</u>	<u>APR 26</u>
Income	\$3,699	\$3,924	\$4,378	\$2,751
Expenses	\$3,811	\$3,893	\$4,146	\$3,450
Income minus Expenses (\$112)		\$31	\$232	(\$699)

HYBRID SUNDAY SERVICES/IP=In Person / Z=Zoom

	<u>JAN 26</u>	<u>FEB 26</u>	<u>MAR 26</u>	<u>APR 26</u>
Attendance	Z = 27 IP = 88 Total = 115	Z = 34 IP = 84 Total = 118	Z = 21 IP = 90 Total = 111	Z = 19 IP = 67 Total = 86

CELEBRATE LIFE!

May

4	Alice McCracken
5	Robert James
9	David Hull
12	Carey Birkenfeld
15	Sally Harris
25	Ed Marx
25	Mary Ellen Bartholomew
29	Robert Bardin
31	Jenny Schaper



June

2	Mary Bland
2	Ruth Ann Franklin
8	Scott Johnson
9	Marie O'Neill
11	Jo Ann Fisher
18	Rick Marschall
18	Jerry Rhodes
21	Sally Parry
25	Gail Young
28	Dorian Harris
29	Maralee Johnson

July

3	Ruth Messing
4	Barbara Bolles
5	Pam Wilson
6	Steve Potts
17	Kathy Purcell
29	John Babcock
30	Jackie Lanum

MISSION STATEMENT

*To Serve and Support each other
in Living from Spirit.*



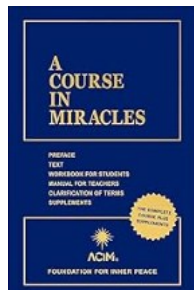
VISION STATEMENT

*We are a growing spiritual community
expressing Love and Oneness with all.*

SOM CLASS—STARTING AGAIN SOON

COURSE IN MIRACLES

Meets Thursdays from 2:00 pm–3:30 pm
Rhonda Coats home*
51 W. Rue Lavande Lane, Sequim
Facilitated by: Rev. Michael Laakso
Love Offering



Sequim Center for Spiritual Living
is “Open at the Top.”
We welcome members of the
community to join us.
For membership information,
please contact Rev. Lynn at 681-0177

“Nurture your minds with great thoughts. To believe in the heroic makes heroes.” ~Benjamin Disraeli

OUR BOARD MEMBERS – INCLUDING TWO NEW ADDITIONS!

I want to welcome and appreciate our two new members on the Board of Directors at Sequim Center for Spiritual Living. Our board includes **Rev. Lynn Osborne, Rev. Michael Laakso, Kathy Purcell, Terry Barrett, Pam Wilson, Alice McCracken, and Rev. Julie Lobato**. As you know, **Dot Bristow** and **Lou Foldoe** were elected as new board members at our Congregational Meeting on March 29th.

We have met twice since their election, and Dot and Lou are already proving to be wonderful additions to our board. I am so grateful to have them join us in our endeavor to serve as the governing board for the Sequim Center for Spiritual Living.

~Terry Barrett, RScP, and ministerial candidate



FUNDRAISER for Sequim Center for Spiritual Living (SCSL)

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(360) 797-3653

Anybody who gives Walter Clark a real estate lead that results in a closing, 10% will come back to our Center—which is anywhere from \$5 to \$1,000. Contact Walter and he'll do the rest.

WHAT'S IN A WORD?

Sometimes we read or hear a word or phrase, and something quite different than the typical meaning comes to mind. This column is a place to share what's in a word for you. Below are three examples. If you have any meaningful words you would like to share, we welcome you to submit them to Kathy Purcell.

CURRENT / CURRENT – When we live in the past, we often block the flow of good coming to us. When we live in the present, we stay **CURRENT** and we allow the **CURRENT** of good to flow freely and unencumbered.

FLATLINE / FLAT LINE – If we feel a lack of a heart connection and a **FLATLINE** to life, we can know we are always connected, for we have a (smooth) **FLAT LINE** to our Infinite Source.

FORMULA / FORM U LOVE – The Invisible takes form through your thoughts. To experience the **FORM U LOVE** all you need do is follow this **FORMULA**.

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“Everything you’ll ever need to know is within you; the secrets of the universe are imprinted on the cells of your body.” ~*Dan Millman*

MY MINISTERIAL JOURNEY

I’m finally moving into the final event of becoming a licensed minister. My ministerial application will be in by June, before the panels happen late in August. I’m excited to get to the end of this part of the journey. Of course, once I get licensed, I begin Launch, which is six weeks of a class of sorts that supports me in getting started on my new journey as a licensed minister.

This has been a life-changing experience, and it will continue to offer challenges, new learning, and wonderful new awareness and growth. I’m so grateful to be where I am, doing what I am doing, and looking forward to what is to be in the next part of the journey.

With love,
Terry Barrett, RScP, and ministerial candidate



“In caring for others, we are really caring for ourselves, for we all nurture one another in the garden of the heart.”
~*Laurence Overmire*

CONVERSATION AT OUR CONGREGATIONAL MEETING

On March 29, 2026 we held the Annual Congregational Meeting for our Center. Within that meeting we held a conversation with everyone, to share together how we felt about our Center and the future we are building.

We talked about how we *care* about our Center and each other. We also talked about what we want *Planting* in our future as a Center for Spiritual Living, and finally we talked about what we *hatch* when we pledge and give to our Center.



It was an energetic and wonderful conversation with lots of participation. I felt the enthusiasm we all have for our Center and the support and encouragement that filled the room. Rev. Julie Lobato recorded the list of thoughts shared.

Under *Caring* was listed: Coming Together, Recognizing, Hugs, Cookies and Food, Service, Cooperation, Smiles, Safe to be me, and Open to each other. Under the *Planting* heading was listed: Positivity and Kindness, Cleanliness – Clean Up, Expansion of Love, Compassion, Inclusivity, Make an Effort to Reach Out, Belonging, Embodiment of Teachings, Expands with Life, Give Back to Community, Workshop to Include Community, Attraction/Promotion, Get the Word Out – Advertise, Chamber, and Info Card – includes belief.

And finally, under the heading of *Hatching*, we offered our anonymous pledges for the financial support of our center. This is an example of how prosperity works, as it relates to the Teachings of Ernest Holmes, and in our Center for Spiritual Living principles. Everything we need is already available to us. We are watching our Center live in the knowing that all our needs are met.

Our Center is moving in wonderful ways toward the good that is ours.

With Love,
Terry Barrett, RScP, and ministerial candidate

THE SUN by: Amitav Radiance

Every sunrise is a new awakening
Illuminating the intellect with power
To dispel darkness from the world
Embracing every heart with its warmth
And nurturing love to full blown flowers
Making this celestial garden resplendent
Its beautiful rays prancing in every particle
Holding the brightness of the sun, within



What a beautiful way to start the month with a May Day. I think we all remember the Maypole celebration when we were young and in elementary school, and the joyful tradition of making goodies for your friends and neighbors and then the fun of delivering them to most welcome arms. But May Day has a more profound meaning, and I would like to share this story.

Submitted by Rev. Victoria Kelley

THE STORY OF THE EIGHT-HOUR MOVEMENT

May Day, rooted in the 1886 struggle for an eight-hour workday, represents a powerful, inspirational story of solidarity where hundreds of thousands of workers across the US united for better lives. Despite facing immense adversity, this movement birthed a global symbol of worker empowerment and collective action that continues to advocate for fair conditions today.

THE STRUGGLE: In the late 19th century, 10- to 16-hour workdays were standard, leading to dangerous conditions and exhausted laborers.

THE DEMAND: Workers fought for a simple, transformative demand: “Eight hours for work, eight hours for rest, eight hours for what we will.”

THE SOLIDARITY: On May 1, 1886, nearly 500,000 workers in cities across North America went on strike, setting aside their immediate financial hardships for a larger collective goal.

THE LEGACY: While the movement met with intense hostility—resulting in the tragic Haymarket Affair—the commitment of those workers sparked global labor rights reform.

This story highlights that May Day is not merely a date on the calendar, but a tribute to the power of unity in overcoming injustice to improve lives for future generations.

All was accomplished by people who cared! Reminds me of the saying, “*The only thing necessary for the triumph of evil is for good men to do nothing.*” Edmund Burke

THE FLOW by: Anja Tsumani

There is a place
Where things just flow;
Without much stress
The fruits just grow.

Within this place
Reciprocity reigns;
The highest form of being
Hearing souls singing.

In this nurturing place
Selfishness disintegrates;
Your heart is safe, so let it go
Soak in the loving spirit of God’s flow.



THE DEMONSTRATION CORNER

NOT FOR THE FAINT OF HEART

Our predominate thoughts are what we manifest in our lives, and this is proven over and over again throughout the years. I have always wanted a Victorian Fainting couch. I didn't want it to the point of Treatments or Prayers but it was always a predominate thought. Living in a traditional home, before moving to Port Townsend and living in a Victorian home, there was really no need for one, so I never sought out to buy a modern factory made one. I wanted an antique made in 1822 to 1837.

On a trip to Leavenworth last year, Tom and I visited the town of Cashmere with all of their antique stores as Tom was looking for a certain kind of razor. As I walked in the double doors, there on my left was a beautiful antique Fainting Couch. Well, of course, I wanted to buy it, but it won't fit in my car. The store will not take a payment to hold it and will not store it if I paid the entire amount. I asked if they delivered as far as Port Townsend, they didn't deliver anywhere. Tom found his razor and we left and returned to Leavenworth.

On the drive I gave myself a Treatment for right action. If it was meant to be somehow it would work out and if not for me to let it go. At home my thoughts were placing it in my home and thinking of anyone with a covered truck that would want to drive to Cashmere and back. Well, no such finding and I called the store daily to see if it had been sold. A week passed and I finally thanked the Universe for the answer and let it go.

The next day while talking with Dinah on the phone, she reminded me of the man who moved her to Maine a few years ago and he lives in Sequim. She gave me his number, I called him and he was happy for the job. Within a day he was on his way to Cashmere, and I have been enjoying my Fainting Couch for almost a year now. This time when I thanked the Universe it was with way more EXCITEMENT!

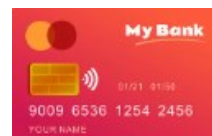
~submitted by Rev. Victoria Kelley

A CARD GAME

One morning in June of last year I was at the office paying a bill online. I had the original bill and the business debit card on my desk. As I was finishing the transaction a customer came to the door. I pushed the paperwork off to the side and went to tend to the customer. While they were leaving the phone rang. I answered the call and spent some time assisting the customer. I hung up and went to get the paperwork for the bill I had paid. I found the paperwork, but I didn't see the debit card. I looked through all the paperwork on my desk. I looked through my spiral notebook in case it got stuck in between some pages—no luck.

I didn't want to report it lost or stolen. It wasn't stolen and it wasn't lost exactly—it was missing. I knew it was around somewhere. I knew it would show up eventually. I was concerned about being able to pay with our debit card online. Then I remembered I still had the previous card which had expired a couple of months ago. The card number was the same. I remembered the new expiration date and the CVC code on the back. Over the next several weeks I continued to look for the debit card, but to no avail. I wasn't worried that someone had found it and taken it. I did monitor the transactions; nothing charged that I didn't do myself.

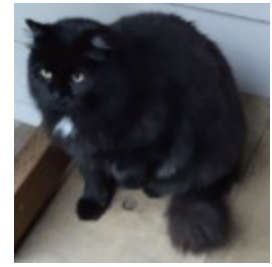
Then one morning in September, I was walking back to my desk and I saw what looked like a credit card on the chair mat near the foot of my chair. At first I thought it might have been the expired debit card. I picked it up and it showed the new expiration date. I smiled.



~submitted by Kathy Purcell

TALES OF STU, THE CAT

The two stools mentioned in the last newsletter – one for me, the other for Stu – are working out well. Stu's is plastic so it stays outside; mine has a wooden frame and a small cushion so it stays inside when not in use. In the mornings before I walk Blue I take my stool out and place it on its side. If I stand it upright, Stu tries to claim it as his.



Stu only eats when I'm outside, so each time I go out I take his food dish and place it next to his water bowl. Each time I go back inside I take the food bowl with me. Just before we leave for work, I take out the food one last time and state, "Last Call for breakfast." Stu begrudgingly goes to his food bowl and eats a bit more of his food; then he drinks some water. While he is doing that I pick up my stool. He knows that means it's time for him to get moving; he heads off east across the porch, passes the garage and stops at the base of the east tree. (I usually take my stool back out after getting home from work.)

In the past Stu would often go up the east tree right away. However, in the last month or so he has stayed on the ground near the east tree. When Blue and I head out the door, Blue immediately starts looking for the cat. If he sees Stu he tries to pull off the ramp. Sometimes Stu goes up the tree then. Of late Stu has remained on the ground.

Up until recently, once Stu went up the tree in the morning as we were leaving, he would stay in the tree the entire day. We know if he comes down, because we have cameras that send us alerts if motion is detected. The last several weeks he has stayed at ground level. In the last two weeks when we've gotten home from work, Stu has been either on the porch or laying on the top of his house.

Last weekend we were out doing work in the front yard. Rob was on the riding lawnmower; I was using the battery powered string trimmer; Blue was tethered to the telephone pole. I needed to switch out the battery. Heading to the ramp, I noticed Stu was up near his water bowl. He saw me and decided to head east, landing near the base of the east tree. I started up the ramp and suddenly noticed Blue running toward the east tree. What! I ran to the east to get Blue; somehow the clasp on the tether came loose. Stu of course was up in the tree by then.

In the last newsletter I mentioned how Stu sometimes will put his front paws on his stool and stretch his neck touching his face to mine. Well, now he daily does nose bumps with me – purring all the while. He started something new a couple of weeks ago. He'll have his front paws on his stool and he reaches out his left paw close to the right side of my face. Is this half of a cat hug? Another thing he did – only once so far is – after a nose bump he did one lick on my cheek.

At least once a day Stu will start kneading dough on my leg, purring while doing this of course. In addition to rubbing his head on my knee he will rub his body along my leg. Regularly I tell him how beautiful he is, that I love him and I thank him for choosing to spend some of his life with me. I continue to be grateful for Stu's presence in my life.

~Kathy Purcell

"Pets are humanizing. They remind us we have an obligation and responsibility to preserve and nurture and care for all life." ~James Cromwell

BASIC SOM QUESTIONS By Rev. Michael Laakso

We have an ongoing column which is designed to answer some basic Science of Mind questions. We trust this will give you new insights, allowing you to better understand SOM principles.

What is Infinity? Part Fifty-Three

We began this series with a mathematical look at infinity, first with respect to counting numbers and then with respect to geometry. I'd like to revisit the numbers part today. In that article, we found that infinity is immune to the normal operations governing numbers. Whatever we do with numbers and infinity – add, subtract, multiply or divide – the answer will always be infinity. That goes for squaring, cubing or raising to some higher power (which are all types of multiplication) or finding the square, cube or other type of root. Infinity “absorbs” the number or operation so that the result is always infinity. We observed that infinity is immune to arithmetic operations and so is fundamentally different from counting numbers.

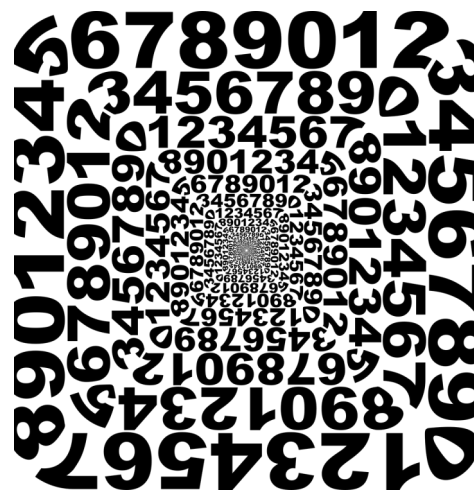
Mathematicians have thought of infinity as derived from counting numbers. If that were so, since like produces like, infinity would also behave like counting numbers. But it doesn't. Infinity behaves completely differently. It is changeless, unalterable, stable. It is unaffected by attempts to add to it, subtract from it, multiply or divide it. And so the early Truth students observed that infinity is complete already, cannot be increased or diminished (inexhaustible) and is indivisible.

Mathematicians have gone on to “demonstrate” smaller and larger infinities, not recognizing the absurdity of such postulations. Infinity is the totality of all possibilities, both manifest and unmanifest and there simply cannot be two totalities. Infinity is a stand-alone Oneness, unique as compared to finite numbering and a finite consciousness.

Another way to illustrate the unique quality of infinity is the common way mathematicians show infinity as defined by counting numbers. A typical way is to begin a number sequence of addition. Any number could be used. Let's just use one to show the basic process: $1 + 1 + 1 + 1 + \dots + 1 + 1 = \text{infinity}$. The language used is “One plus one plus one plus one plus one to infinity.” We ask the question, “When will that last one be added to make the result be infinity?” Of course, the answer is “never.” No matter how long or how swiftly ones are added, or even if some larger number is used, this equation will never reach infinity, showing that infinity is also immune to time. Infinity already is, and will always be.

Infinity cannot be understood from a finite viewpoint. It is a completely different activity. Finite thinking must be discarded if infinity is to be comprehended, and finite thinking is really just a current habit of thought. Infinity is the “All in all.” Everything is included. Nothing is left out. Infinity calls on us to expand past our current training in finite numbers and go beyond numbering altogether. We earlier concluded that infinity is not an idea but the Mind back of all ideas and thinking. That Mind being infinite, it is the Wholeness, the Totality of all that is, actualized or in potential.

Moreover, what could be more obvious that non-material Mind is infinite? What is there that could limit such a Mind? Infinity directly means “no limits,” so it has no outer boundary. This being the case, Infinity has only one side, an inside. Everything that this Mind expresses occurs within Itself. There is no “outside” to this Mind. And so Paul wrote we “live, move and have our being” in this Mind.



**“We must learn to reawaken and keep ourselves awake, not by mechanical aid,
but by an infinite expectation of the dawn.” ~Henry David Thoreau**

~continued on page 12

This realization that Mind is infinite and that infinity is completely different from all finite ideas also means there is no way to get to this Mind from a finite-thinking level. A leap is involved, a discontinuity is involved. A letting go of all we have come to believe is involved. The past must be left behind and this Mind approached from a newly emptied state. Zen Buddhism in particular advocates for a mental emptiness to be attained, typically suddenly and spontaneously – something that cannot be forced. The sudden plunge mentally into an awareness of Limitless Mind occurs often unexpectedly. Hence, then, the spiritual practices that prepare Zen participants and those in other spiritual realization traditions who court their opening to a higher realm and consciousness that has been ever present, an opening Zen calls satori.

For those of us as Science of Mind students, contacting the Infinite is our first step in Spiritual Mind Treatment. We want to unify with Source Mind at the first. This sets us up for success. With practice, study and meditation, we support our mind in softening its finite, material attachment and opening to Source Mind as a partnership in treating for self and others. We also learn to think and speak of ourselves, others and circumstances in positive and open terms rather than prejudging from a limiting viewpoint. These and other practices gradually open our mind up to connecting more deeply with the Infinite. There is a learning curve involved, as usual. And a sudden satori experience is always possible. Affirming our trust in Spirit also can forward our progress.

Infinity is not far off. It is not untouchable. It is always right here, closer than our own fingertips. In the 1920's, when theorists were working on developing quantum mechanics, one among their number, Paul Dirac, found his equations indicating infinite power filling all of space. Formerly space was thought to be a vacuum, completely empty. So it was ignored as a player in physical processes. Nassim Hameini has expanded Dirac's discovery to show how space is structured and organized and how that leads to space producing the material world with which we are so familiar. That space surrounds our bodies and interpenetrates down into the nucleus of every atom in our body. Not just mentally, but even physically, we live in and are very close to the infinite.

As Science of Mind Truth students, we are interested in learning how to work with this Infinite Mind in a cooperative way. We study how the Infinite Mind works and seek to replicate that in our own mental activity. The Infinite Mind being All-Good, its results are also all good. We want to tune into that Goodness for ourselves in the various departments in our personal lives. We seek optimum health mentally and physically. We seek happy, productive relationships with each other. We desire to enjoy the benefits of a prosperous life. We desire our self-expression to grow to new heights of joy and contribution to others. And we seek to keep growing in our understanding of Truth and its application to every area of our lives.

We are the progeny of the Infinite Mind. As such, we naturally operate like It does. Understanding how It works gives us direction in adjusting our thinking to align more fully with how Source Mind thinks. This Mind never negates Itself. It is always in self-acceptance. This Mind never limits Itself. It knows Its options are limitless. This Mind never gives up on Itself. It knows answers abound and the right fit is easy to locate. We are like this Mind in every way. It is natural for us to think as It thinks, to feel as It feels and to reap the results It reaps.

We may find ourselves on a different track in our own thinking and feeling today. That is OK. We have a wonderful capacity to learn, to practice and to master new thinking skills. And best of all, we can watch our results change from unsatisfying to brilliant. Desire begins the process, as always. What do I want in life? Self-examination will reveal what has always been in our mind, awaiting our discovery or recovery. Spirit welcomes the Good It desires to experience openly and confidently. Its patience is infinite as Itself. It knows nothing of anxiety. It has all of timelessness for whatever needs to occur to do so that the desired good demonstrates in divine timing and only adds to the experience of wonder and awe.



Ernest Holmes has detailed many examples of speaking our word and finding the effective attitude from which to let that word flow. Universal Mind withholds no good thing. It desires our happiness and joy. Certainly It is never in the way of our good coming to us. We may have attitudes and beliefs that It does not have in Its Mind, that we will need to work with to release. The more our mind resonates with the Divine Outlook, the easier and faster will our word demonstrate. Truth will correct every error in our mind. A receptivity to Truth helps in accepting its corrections. A false idea is a hidden stress point in our subconscious mind. Truth's correction typically brings a tension drop, a relaxation within. There is no tension in Divine Mind. Complete Peace is Its natural state, and ours as well.

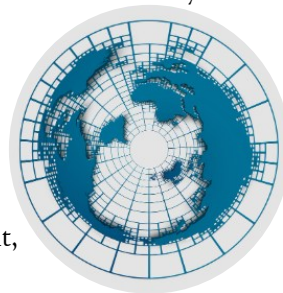
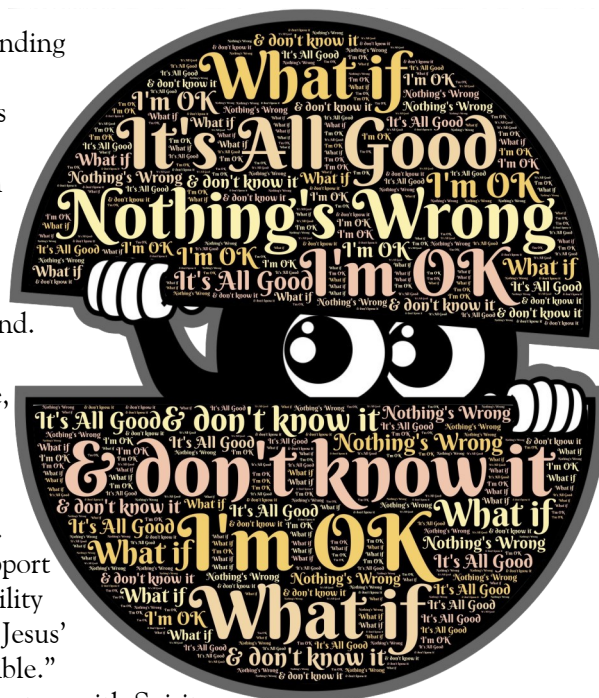
Our Master gave, "With God are all things possible." The more our mind matches the Divine Thought, the easier our good can come to us. This reveals why learning about and understanding the Infinite will support a greater alignment with the Divine Nature. The door to greater possibility opens as we come into resonance with the Thought processes of Spirit. Jesus' statement is often interpreted as if he said, "For God all things are possible." This is a true statement as well, although it leaves us out. We are co-creators with Spirit and this cannot be undone. Why not learn how to be an ever more effective partner in this relationship?

The Good we desire to manifest and experience is more of the Divine Nature. This Nature desires to be known. Our experience of the Good we desire contributes to that knowing of our Source, fulfilling God's desire. Ideas of not deserving or that it is not OK to have more than some others must be discarded. Universal Mind does not think in terms of deserving or not deserving. As our Master observed, "God brings rain on the just and the unjust." Universal Mind has no favorites. It's Love is not conditional but universal; as infinitely felt for the unjust as for the just. Our errors of thought do not change Universal Mind's love for any one of us. And there is a sure correction for each and every thinking error.

As for the invitation to feel guilty for having more than some others, the Infinite supplies each of us up to the level we can tolerate. Errors of thought blocking a greater supply in another shall one day be corrected and a greater supply allowed. In the meantime, we are setting a good example for a greater possibility of good graciously accepted. We accept with gratitude and release the guilt trip. After all, someone needs to be the leader into a greater good-acceptance!

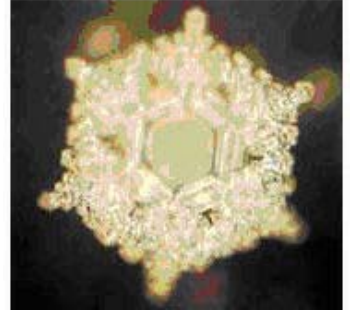
Another point about infinity needs to be addressed. Infinity is not spread out over Its Vastness. Rather It is infinitely present at every point. All of Infinity exists at every infinitesimal point. This is not an infinity of infinities. Rather this refers to Augustine's observation that Infinity is that Whose circumference is nowhere and Whose Center is everywhere. At every point, Infinity is centered there. In that point is all of Its Awareness, Attention, Love, Strength, Beauty, Joy and all the rest of the Divine Attributes. Ernest Holmes comments that nothing is more concentrated. So Infinity is not just present at but present to every point in the Vastness of Its Beingness. This is Infinite Self-Awareness and Infinite Awareness of what is going on within this limitless Beingness, a seamless, aware inclusion of All It is. The Cayce readings suggested we are created for companionship with this Vastness. Imagine; this is our Friend forever present to us, loving, supporting, supplying, nurturing our growth and development, with us forever as completely and intimately as possible.

And so it is.



"I have begun to think of life as a series of ripples widening out from an original center." ~Seamus Heaney

Water exposed to
Gratitude & Love



Remember the prayer for water

TO: A Very Valuable, Worthwhile Person

Sequim Center for Spiritual Living
Rev. Lynn Osborne
PO Box 2708
Sequim, WA 98382



Please join us at
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Sunday Service
10:00 a.m.

